



WINTER PRESSURE FUND

We are inviting TRA's who wish to conduct projects or events for older people under the following themes to apply:

- Engagement events (including with social elements) to share information
- Support with income maximisation/energy advice etc
- Provision of Hot meals
- Proactive welfare contacts for vulnerable people
- Distribution of Winter Wellbeing Bags

Funding gained should be used by the end of March 2022, and TRAs will be expected to report back on the outcome of their projects, covering the aims of the scheme, which are as follows:

- Empower self-management (including through the provision of Winter Wellbeing Bags)
- Reduce social isolation and support wellbeing through connecting people to their local community groups and services for hot meals and socialising, encouraging people to volunteer and network.
- Provide ongoing social support - checking in on 75+ older people (telephone/home visits) ensuring they are warm and well throughout winter.
- Promote health and safety at home with information, advice (such as energy advice, cooking eating nutritious meals), and links to practical support offering 1-1 guidance to ensure independence.

For further information Email: info@sgto.co.uk **Tel:** 0207 639 6718

